

Visitor Requirements

Effective September 4, 2020

Human beings are social creatures; our connection to others enables us to survive and thrive. To move towards balancing safeguards in response to the COVID-19 pandemic with the physical and emotional well-being of residents, we are ready to cautiously welcome visitors back to campus with additional requirements in place!

Visiting in Independent Living:

- Prior authorization for visitors is **not** required.
- All visitors must answer COVID-19 screening questions before gaining entry to our community following a brief stop at our safety checkpoint.
- Visitors who have traveled internationally, on a cruise ship, or outside the contiguous United States within the last 30 days will not be permitted to enter our community.
- Any state-specific travel restrictions should also be considered before you make the decision to visit or have visitors.
- Visitors are required to follow all directional signage, practice safe social distancing, and wear a face mask for the duration of their visit.
- Family and close friends are permitted to visit outdoors, with masks, 6-8 feet apart. While it may create greater risk, if the visits must move indoors into residents' homes (*not* public spaces in apartment buildings) because of the heat, please ensure masks and social distancing are maintained.
- Social distancing requirements should inform the quantity of visitors permitted at any one time / space; however, we request no more than four visitors at a time per household, regardless of the setting.
- Since masking is required to occur throughout the duration of the visit, there should be no eating or drinking, and no mixing of guests, i.e., no invitations to other CM residents to join such small gatherings.
- Vendors providing in-home services will continue to be restricted, except for caregivers providing support for essential needs. Carolina Meadows administration may permit exceptions for vendor access for critical services such as telephone / internet / television (Spectrum) and HVAC service repairs, etc.

Visiting in the Pines and Fairways:

There are additional restrictions for visitors for our higher levels of care by order of Governor Cooper. Accordingly, we must continue to restrict all visitation, except for certain compassionate care situations. To comply with the Governor's order while also keeping you connected to your loved ones and/or friends, we are now offering window visitation and virtual visits as an alternative. Contact a member of the Pines, Fairways or Green for further information and availability.

ALL VISITORS MUST ADHERE TO THE BELOW INFECTION PREVENTION PRACTICES:



<u>Perform hand hygiene</u> at entrance to building, prior to entering any residence **AND** upon exiting of any residence.



Wear a protective mask for the duration of the visit.



Ensure the mask fully covers both nose and mouth.



Limit the number of surfaces touched.



Visitors are not allowed to mingle in indoor public spaces of our apartment buildings.



Avoid <u>physical contact</u> with residents, staff and visitors (e.g., practice social distances of at least 6-8 feet).



<u>Immediately report to Carolina Meadows</u> should you experience any signs or symptoms of respiratory illness <u>in the following 14 days after visiting</u> by calling 919-260-3891.