

## **Prevention Resources**

Being diligent with prevention is key to keeping all members of our community safe. We are asking residents, staff, and guests to follow these proven measures to protect themselves and others from COVID-19:

- If you are experiencing flu-like symptoms, stay at home and contact your medical provider, including the on-campus medical practice.
- Avoid touching your face to reduce the spread of germs
- Wash your hands often with soap and water for at least 20 seconds, dry them with a paper towel, and then use it to turn off the tap and open the door
- Cover your cough with a tissue, promptly discard it, and wash your hands
- Avoid contact with sick people and those who have recently traveled to high-risk areas
- Avoid crowds and practice safe distancing (6 feet)
- Clean and disinfect frequently touched objects and surfaces with a regular household cleaning product

These guidelines have been posted in highly visible locations throughout our community and shared via consistent, ongoing communications across multiple channels.